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# Mountaintop

IN-ROOM  DINING

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ALL-TIME FAVOURITES THOUGHTFULLY CREATED WITH THE FRESHEST LOCAL INGREDIENTS

Please note a \$5 administration fee and 17% service charge will be added to all orders.



# BREAKFAST: 6 AM – 11 AM

## DELTA BAKERY ARTISANAL BREADS

A local family business since 1958  
Free from preservatives and trans fats  
wheat | white | multigrain | rye | sourdough | English  
muffin | bagel

## BREAKFAST SIDES 12

smoked bacon | country pork sausage | Canadian back bacon |  
cured ham | chicken sausage | cured turkey bacon | smoked  
Pacific Sockeye salmon | roasted tomato | sautéed mushrooms |  
breakfast potatoes | fresh mixed berries | sliced fresh fruits |  
sliced avocado

## CANADIAN MILK STATION 8

whole 3.25% | semi-skimmed 2% | skimmed 0%  
almond | soy | coconut

## MISTY MOUNTAIN SET BREAKFASTS

\*All served with juice, coffee or tea, your choice of  
toasted artisanal bread, and two breakfast sides

### COASTAL MOUNTAIN START 49

Two free-range Canadian eggs any style, short stack  
blueberry pancakes

### VEGAN POWER 46

Sautéed tofu, quinoa and corn chili, mushroom, chick-  
pea, vegan cheese, guacamole, flour tortilla wrap

### TRAVEL LIGHT 40

Egg white frittata, Fraser Valley turkey breast, kale,  
asparagus, B.C. feta-style cheese, salsa

### LOW CARB KETO RISE 48

Three free-range Canadian eggs scramble, elk chorizo,  
Manitoba hemp hearts, kale, avocado, gruyère, flax

"This dish is a way to get energized for a day on the  
mountain in the healthiest way possible – without any  
unnecessary carbohydrates or sugars, and with all the  
flavor of quality local ingredients like our elk chorizo  
from Northern B.C."

Eren Guryel, Executive Chef

## ABBOTSFORD FREE-RANGE EGGS

### TWO EGGS ANY STYLE 26

Choice of toasted artisanal bread plus two breakfast sides  
Extra breakfast sides 12 each

### THREE-EGG OMELET 27

Choice of toasted artisanal bread plus three fillings  
Swiss | cheddar | B.C. feta-style cheese | ham | bacon | sausage  
| tomato mushroom | bell pepper | hot peppers | spinach | onion

### HUEVOS RANCHEROS 34

Two sunny side up eggs, ranchero sauce, refried beans, corn tortilla,  
cheese, sour cream, avocado

"Even more than making this dish, I like eating it. On a cold day, it is  
the sunshine to your morning, the ultimate comfort. Combining B.C.  
and Mexican produce unites the best local tastes with traditional  
flavor."

Luis Alejandro Amaro Jimenez, Chef de Partie

### EGGS BENEDICT

Two poached eggs, English muffin, hollandaise, spinach 26  
Canadian back bacon or avocado 28 | smoked Pacific Sockeye  
salmon 30



## HOT OFF THE GRIDDLE

CANADIAN BUTTERMILK PANCAKES 27 |  
MALTED WAFFLE | BRIOCHE FRENCH TOAST 27

### GLUTEN-FREE ARTISANAL FRENCH TOAST OR PANCAKES 29

Served with Canadian maple syrup, butter, powdered  
sugar Add blueberries or chocolate chips | 4

## FRESH FROM DELTA BAKERY

CHOICE OF TOASTED ARTISANAL BREADS 9 | Two  
slices

### QUEBEC CROISSANTS 8 each

Butter crisp | chocolate | almond

### MINI DANISHES 5 each

Mountain berry | Canadian apple | real maple

### MORNING MUFFINS 8 each

Blueberry | cranberry and orange | carrot and coconut |  
bran and golden raisin

### B.C. BAGELS 9 each

Plain | sesame | gluten-free

Add cream cheese 6 | smoked Pacific Sockeye salmon or  
Canadian back bacon 7

## LIGHT & SIMPLE

### GRANOLA PARFAIT 16

Homemade granola and berry yogurt

### LOW FAT YOGURT 9

Strawberry | Greek

### FRESH FRUIT PLATE 19

Melon, citrus, grapes and seasonal fruit

### STEEL CUT OATMEAL 16

Raisin, brown sugar, almond

### CEREAL 12

Homemade granola | Corn Flakes | Raisin  
Bran | Special K Choice of milk

# ALL DAY CUISINE 11:00 AM – 10:00 PM

## GREAT CANADIAN SAMMIES

ALL SANDWICHES INCLUDE CHOICE OF ONE SIDE:

Mixed green salad | Kettle Chips | French fries | Vegetable crudités | Cup of soup | \*Additional sides 8 each

LOCAL KAMUT SOURDOUGH & GRUYÈRE GRILLED CHEESE 21

Add beefsteak tomato 3 | cured country ham 5

MONTREAL SMOKED BEEF BRISKET 27

Gruyère cheese, sauerkraut, pretzel bun, mustard

THE B.C. CLUB SANDWICH

Choice of roasted B.C. turkey breast or grilled Fraser Valley chicken breast 26 | smoked Pacific Sockeye salmon 29  
Country-style bread, smoked bacon, lettuce, tomato, avocado, fried free-range egg, herb mayonnaise

GRASS-FED B.C. BEEF BURGER\* single/double 28/36

Gruyère cheese, bacon, secret sauce, lettuce, tomato, pickle, potato bun - plant base patty available  
In accordance with British Columbia law, all ground beef products are cooked through to 160F/71C

"The burger is a North American favorite and what better way to make this beloved food than with sustainable BC beef between a bun made from B.C. potato, our locally famous vegetable of choice."

Eren Guryel, Executive Chef

## COMFORT NIBBLES

ROASTED GARLIC CHICKPEA HUMMUS 20

Warm flatbread, vegetable crudités, garden herbs, extra virgin olive oil

TRI-COLOURED TORTILLA CHIPS 20

Tomato salsa, sour cream

Add guacamole 6 | quinoa corn chili 8

CANADIAN CHARCUTERIE AND CHEESE 38

Cheeses and charcuterie, homemade crisps, pretzels, fig marmalade, grainy mustard

WINGS OR TENDERS: FRIED BC CHICKEN 23

Blue cheese, red hot sauce, celery and carrot

Wings 8pc | Tenders 5pc

## VIBRANT BC SOUPS & SALADS

RICH TOMATO SOUP (VEGAN) 18

ORGANIC MIXED B.C. GREENS 21

Tomato, cucumber, carrot ribbon

BABY GEM CAESAR 24

Grana Padano, anchovy, garlic crouton, free-range egg

COBB SALAD 25

Canadian bacon, free-range egg, avocado, tomato, onion, blue cheese



## LATE NIGHT DINING

AVAILABLE FROM 10PM - 2AM

RICH TOMATO SOUP (VEGAN) 18

MARGHERITA PIZZA 25

Tomato, fresh mozzarella, basil

WINGS OR TENDERS: FRIED BC CHICKEN 23

Blue cheese, red hot sauce, celery and carrot

Wings 8pc | Tenders 5pc

GRASS-FED B.C. BEEF BURGER 28

Gruyère cheese, bacon, secret sauce, lettuce, tomato, pickle,

AVAILABLE FROM 10PM-6AM

BABY GEM CAESAR 24

Grana Padano, anchovy, garlic crouton, free-range egg

ROASTED GARLIC CHICKPEA HUMMUS 20

Warm flatbread, vegetable crudités, extra virgin olive oi

TRI-COLOURED TORTILLA CHIPS 20

Tomato salsa, sour cream

FOUR SEASONS CHEESECAKE 17

Berry compote, whipped cream

GRILLED CHICKEN & FRIED EGG WRAP 25

Chicken, fried egg, pickled cucumber, herb mayonnaise

## EXPRESS MENU DELIVERED IN 20 MINUTES

### WAKE UP AND GO! 6AM - 11AM

STEEL CUT OATMEAL 15

Raisins, brown sugar, almonds

FRESH FRUIT PLATE 18

Melons, citrus, grapes, and seasonal fruits

### ALL DAY BITES! 11 AM – 10 PM

ROASTED GARLIC CHICKPEA HUMMUS 20

Warm flatbread, vegetable crudités, garden herbs, extra virgin olive oil

CANADIAN CHARCUTERIE & CHEESE 38

Cheese and charcuterie, homemade crisps, pretzels, fig marmalade, grainy mustard

# ALL DAY CUISINE 11:00 AM – 10:00 PM

## MAIN DECISIONS

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FRASER VALLEY BUTTER CHICKEN  
INDIAN-STYLE 28

Tomato cashew gravy, paratha flatbread

"Butter Chicken is loved the world over. This version is made to my grandmother's secret recipe with some of my favorite local ingredients for a fresh B.C. twist."

Sajish Kumar Das, Executive Sous Chef

TOFU VEGETABLE STIR-FRY 26

Mixed vegetables, cilantro, garlic, sesame

Add udon noodles 4 | grilled Fraser Valley chicken breast 12 | grilled Ocean Wise prawns 15 | seared Ocean Wise salmon 18

CANADIAN PORK RACK OF RIBS 29

Signature BBQ sauce, choice of housemade coleslaw or fries

PACIFIC COD FISH & CHIPS 28

Cider vinegar, tartar sauce, lemon

PREMIUM NY STRIPLOIN STEAK (10oz.) 64

Baby gem caesar salad, red wine sauce (20 minutes addition to delivery time)

## PIZZA (WITH MOUNTAINS OF TOPPINGS!)

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SONO MARGHERITA 25

Tomato, fresh mozzarella, basil

VEGGIE POWER 27

Mushrooms, bell pepper, onion, olives

BE YOUR OWN PIZZAIOLO 25

Tomato sauce and mozzarella base

Each topping +3

Pepperoni | sausage | ground beef bacon chicken | ham

Pineapple | bell peppers | hot peppers mushroom | tomato olives | onions | spinach

## PASTA WITH A TWIST

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SPAGHETTI | RIGATONI | MACARONI | GLUTEN-FREE 26

Choice of sauce: tomato | pesto | alfredo | beef bolognese +6

Add grilled Fraser Valley chicken breast 12 | grilled Ocean Wise prawns 15 | seared Ocean Wise salmon 18



## SWEET NOTE

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CRÈME BRÛLÉE 16

Made with free-range B.C. eggs and mountain-fresh cream

FOUR SEASONS CHEESECAKE 17

Flavored with specialities of the season

A MOUNTAIN OF MILKSHAKE 500ML 12

Chocolate | vanilla | strawberry

ONE PINT OF WHISTLER'S SUPER CREAMY LUCIA

GELATO 16

Chocolate | vanilla | mango sorbet

HORSTMAN GLACIER CHOCOLATE CHIP COOKIES

2PC 8

Add milkshake 250ML: chocolate | vanilla | strawberry 6

CHOCOLATE LAYER CAKE 22

Served with a scoop of ice cream

WARM MAPLE BLUEBERRY APPLE CRUMBLE 16

"My Grandma and I used to pick apples and berries together in Quebec so this crumble is the flavor of home to me, bursting with maple syrup from Quebec, apples from Okanagan Valley and juicy BC blueberries." Isabelle Dionne, Pastry Chef de Partie



# LITTLE TUMMIES

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## SUNRISE STARTS: 6 AM – 11 AM

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BLACK BEAR BREAKFAST CEREAL 10  
Corn Flakes | Frosted Flakes | Cheerios | Rice Krispies | Fruit Loops

SILVER DOLLAR BUTTERMILK PANCAKES,  
MAPLE SYRUP 11

BABY MALTED WAFFLE, MAPLE SYRUP 12

SUPER SCRAMBLED SINGLE EGG,  
CANADIAN BACON & SAUSAGE 12

## JUST KIDDING AROUND

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Choice of fries or fruit cup

SKI SCHOOL GRILLED BEEF BURGER 15  
Add bacon 2 | aged cheddar 2

KOBE BEEF HOT DOG 17  
Add cheese 2 | quinoa chili 4

GLACIER GRILLED CHEESE SANDWICH 12  
Add tomato 2 | ham 4

## ADVENTURE FUEL: 11 AM – 10 PM

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CRUNCHY CRUDITÉ VEGETABLES, RANCH  
DRESSING 9

PEANUT BUTTER & JELLY SAMMICH,  
FRUIT CUP 11

LOVE ME TENDER FRIED CHICKEN  
NUGGETS 3pc, FRENCH FRIES 14

CLASSICO BOWL OF SOUP 12  
Rich tomato | chicken noodle

MOM'S MAC & CHEESE 13

MINI GRILL  
Served with buttered carrots and roasted potatoes  
Chicken breast 16 | prawn 18 | salmon 20

TASTETASTIC SPAGHETTI 14  
Choice of Sauce: tomato | butter  
beef bolognese +3

PERFECTO PIZZA, TOMATO SAUCE, CHEESE 14  
Add pepperoni 2

## SWEET TREATS

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SCOOP OF ICE CREAM OR SORBET 5

ICE CREAM SANDWICH WITH CHOCOLATE  
CHIP COOKIES | 10

CHOCOLATE CAKE POPS 2pc | 8



Here at Four Seasons Resort Whistler, we're passionate about local ingredients. And British Columbia is bursting with seasonal abundance. From free-range mountain hens to sustainable Ocean Wise seafood, our team searches high and low to infuse our in-room dining favorites with the finest local flavors.

Vegetarian, vegan, gluten- or dairy-free? We can customize dishes to meet your needs.

# ALL-DAY SIPS

## PERFECT-PISTE SMOOTHIES With whey protein+3

CLOUD NINE 15 Kale, apple, banana, avocado

PEAK TO CREEK 16 Açai berry, goji, mint, mixed berries

CHILLED JUICES 9 Orange | grapefruit | apple | cranberry | tomato

FRESHLY SQUEEZED 13 Orange | grapefruit | juice of the day

## BARISTA'S SELECTION

Pot of coffee 10 | 14

Espresso, cappuccino, iced coffee or cafe latte 8

Add: flavored syrup 2 | extra shot 2

Hot Chocolate 8

Marshmallow Snowman +3

Spiked with Baileys | Kahlua | Canadian Sortilege | Bourbon +8

Selection of organic and international herbal teas 7

## SOFT DRINKS

Soda 6 Coca Cola | Diet Coke | Coke Zero | Sprite | Canada Dry Ginger Ale | Club Soda | Barq's Root Beer

Premium Soda 8 Shirley Temple | Boylan Crème | Boylan Root Beer | Boylan Orange | Red Bull | Fever Tree Tonic

Iced Tea | Homemade Lemonade 7

Imported Still or Sparkling Water 7 | 11

Local Still Water 6 | 10

## FROM THE BAR

OUR EXCLUSIVE SIGNATURE-EDITION FARM-TO-FLASK FOUR SEASONS GIN COCKTAILS 17

Craft-brewed in B.C. from local gluten-free fruit alcohol, basil, citrus, wild blueberries & local wildflower mélange

Add citrus or tonic for magic color-changing properties!

Our recommendations: [Gin-Tonic](#) | [Negroni](#) | [Last Word](#)

### BOTTLE SERVICE

Selection of mixers (two or six), ice and garnishes are included with all bottles

200ML

Absolut 27

Crown Royal | Jack Daniel's | Kahlua 33

Baileys 35

Grand Marnier 48

Patron Silver (375 ml) 80

750ML

Tanqueray 95

Bombay Sapphire 100

Crown Royal | Jose Cuervo Traditional Silver 110

Ketel One 120

Grey Goose 180

**GIVE US A COCKTAIL CALL!** What do you fancy? Long or short, shaken or stirred, just let us know...

## HAIR OF THE DOG

BUBBLES ARE FOREVER 16

Freshly squeezed OJ and B.C. bubbles for a bubbly start

MAKE YOUR OWN BLOODY CAESAR 16

Made with Walter's Caesar mix, Cholula & BBQ sauce

Choice of one spirit (2oz): vodka | gin | tequila

Choice of three garnishes: celery stick | blue cheese olives  
regular olives | Canadian bacon | pickled onions | cucumber

## CANADIAN MILK STATION 8

whole 3.25% | semi-skimmed 2% | skimmed 0%  
| almond | soy | coconut

## CHAMPAGNE AND SPARKLING

Champagne Billecart-Salmon | Brut Reserve | Mareuil-sur-Ay | France 39|190

Prosecco Luna Argenta | Valdobbiadene | Italy 21|95

Brut Rosé Odyssey Series | Gray Monk | BC | Canada 26|130

## WHITE

Pinot Gris Fort Berens | Sidecut Artist Series | BC | Canada 18|65

Riesling Blend Hugel & Fils | Gentil | Alsace | France 19|80

Sauvignon Blanc Boatshed Bay | Marlborough | New Zealand 21|85

Chardonnay Cline Cellars | Sonoma County | California | USA 26|110

## RED

Meritage Blend Fort Berens | Sidecut Artist Series | BC | Canada 22|90

Crozes-Hermitage | Ogier | Rhône Valley | France 25|105

Pinot Noir Kettle Valley | Naramata | BC | Canada 24|95

Cabernet Sauvignon Aquinas | North Coast | California | USA 30|120

WINE

## WINE & CHEESE O'CLOCK

Enjoy British Columbia's delicious Fort Berens wine served with a Canadian Cheese Platter for one (with a glass) or two (with a bottle).

WHITE Pinot Gris Fort Berens | Sidecut Artist Series | BC | Canada 34 | 81

RED Meritage Blend Fort Berens | Sidecut Artist Series | BC | Canada 38 | 104

## BEER

CRAFT-BREWED IN B.C. 8

Just 7 kilometres from the Resort by the Whistler Brewing Company | Honey Lager | Lost Lake IPA

Mountain Lager | Seasonal | Steamworks Pale Ale | Kokanee

"I love the thrill that comes with tasting new brews from craft breweries. They can be so innovative in their style and there's always something you won't have seen before. To quote Forrest Gump, "You never know what you are going to get."

Robert Kharazmi, Lead Bartender

OVERSEAS FAVOURITES 9

Heineken | Coors Light | Corona | Guinness

SEA TO SKY WHISTLER BREWS PICK ANY TWO 22

Crafted Whistler Beers: Mountain Lager | Honey Lager | IPA

Craft Squamish Northyards Cidery: Grapefruit Hopped | Raspberry | Semi-Dry

With choice of one snack: Kettle Chips, spiced popcorn or marinated olives

## MUNCHIES AND CRUNCHIES WITH YOUR BEVVIES

HOMEMADE POPCORN OR KETTLE CHIPS 9

Daily flavor

B.C. FARMS BABY VEGETABLE CRUDITES 14

Buttermilk ranch dressing

MARINATED MIXED OLIVES 12

Extra virgin olive oil, garden herbs

LOCAL PEPPERONI STICKS 12

Mustard, pecans, pickles

An \$8 administration fee and 17% service charge will be added to all orders